



ALL SAINTS' CHURCH

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

Our Vision: *"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."*

THIS SUNDAY — July 28, 2024

Coming to the Measure of the Full Stature of Christ



Setting up small goals for ourselves will never take us far. As much as we may think that it is more realistic to aim low, and

then try to aim higher in a gradual way, the fact is that only those who set higher goals in their lives ever make any relevant achievements.

Setting up a high goal does not mean we will achieve it right away though. It may take years, or even a lifetime, depending on what the goal is, but every step we make towards it will feel like we have gotten closer.

As followers of Jesus Christ, we have the greatest and most relevant goal to pursue in our lives, and beyond our limited time on earth. This goal is both personal and communal, because as members of Christ's body—the Church—we can never be content with our personal spiritual growth only. In fact, true spiritual growth is never self-centered, but precisely the opposite of self-centeredness.

As Jesus Christ Himself showed with His teachings and life, it is only through self-giving love, through authentic loving service and sharing of our time and talents with the rest, that we get closer to real communion with our Creator.

Our natural human tendencies are not selfless by default. Real universal love must gradually and often painstakingly be cultivated and grown in our lives. It is only through God's grace and the power of His Holy Spirit that we will gradually deprive ourselves of the old egotistic self, and begin to live a love-giving life in Christ.

The way that Christ's Spirit manifests in our lives is unique, according to what He gives each of us to manifest. We can see how in every Christian community there are people with different talents and gifts, which is the greatest of all blessings, because it is precisely this variety which yields the most wonderful communal results.

Variety is the greatest richness of God's creation, and unity in Christ's Spirit is not meant to produce uniformity, but a joint endeavor of varied manifestations that will serve the common ultimate goal: the manifestation of God's boundless love—what we call God's Kingdom—in our personal and communal lives.

As the Apostle Paul masterfully put it in his Letter to the Ephesians, the gifts the Spirit has given us are meant “to equip the saints for the work of ministry, for binding up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.”

May we pursue, with true humility, but with constancy and perseverance, this great goal in our lives, that as Christ's body, “joined and knit together by every ligament with which it is equipped—as St. Paul also states in the same letter—as each part is working properly, promotes the body's growth in building itself up in love.”

Fr. Carlos E. Expósito, Rector

Readings for The Tenth Sunday after Pentecost: 2 Kings 2:1-15 Psalm 114
Ephesians 4:1-7, 11-16 Mark 6:45-52

CALENDAR

Note: We worship in our historic church. The service will also be on Zoom. The Sunday service time is 10:00am, Tuesday Noon Mass, and Friday 10:00am Morning Prayer.

SUNDAY July 28, 2024 The Tenth Sunday after Pentecost
10:00am Mass in All Saints' Church

Join Zoom Meeting from our web site at w.allsaintschurch.org

Recording of Mass available at www.allsaintschurch.org

Christian Formation and First Communion Instruction for Children

Ages 5-12 in the Parish Hall from 10:00am-10:45am

Adult Christian Formation meets this Sunday July 28 at noon in the Rector's Office and Library

TUESDAY Noon Mass in St. Mary Chapel

THURSDAY Spanish classes will not be held during the remainder of July and will resume on Thursday, August 15th.

FRIDAY 10:00am Morning Prayer in St. Mary Chapel

SUNDAY **August 4, 2024** **The Eleventh Sunday after Pentecost**

10:00am Mass in All Saints' Church

Join Zoom Meeting from our web site at www.allsaintschurch.org

Recording of Mass available at www.allsaintschurch.org

Christian Formation and First Communion Instruction for Children

Ages 5-12 in the Parish Hall from 10:00am-10:45am

Adult Christian Formation meets next in September

OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gift
- Remembering that God loves everyone unconditionally

An Anglo-Catholic Parish in the Episcopal Diocese of San Diego

www.allsaintschurch.org